Bulleen Heights Parents Association

Firstly we would like to welcome all families back to Bulleen Heights School for 2014. It has come to our attention that some families are unaware of how to contact the Parents Association so to help this we have decided to come up with ways to try and make this easier.

- We are currently holding regular morning teas at the Pleasant Road Campus every Monday morning at 9.00am. This is a casual get together where parents/carers can get together for a quick chat over a cup of tea or coffee. We are unfortunately unable to rotate this with the Manningham Road campus due to access to the facilities and parking. We hope to see as many people as possible at these casual events.

- We have also set the dates for the monthly meetings for the rest of the year. We are trying to hold our meetings on the third Friday of every month at 9:15am (with the exception of April where it will be a Thursday). These dates are always tentative and are subject to change, but hopefully if everyone has some prior notice more people will be able to attend these meetings. These meetings will also be held at the Pleasant Road Campus.

- We are also sending out a welcome letter and a Helpers/Volunteers - request for assistance. This handy document will help the committee to communicate with parents regarding meetings. If you are able to complete this document we will update the e-mail discussion group as this group will only consist of names of people that return the form. This document will also allow the committee to contact you for the events you nominate to volunteer your time.

Secondly it is that time again…….Easter, and we need your help!!! As per last year, we are again asking for donations of Easter Eggs/Items to be donated to the school for our Easter Raffle. We are going to have 3 Easter Hampers on offer again this year with first prize also including an iPad Mini. If all donations can be handed to either campus office by Friday 28 March it would be appreciated. Attached to the newsletter you will also find some raffle tickets for each family to sell. If you need more tickets please see the office ladies and they can provide you with more. We apologise for the short timeframe however we know that the wonderful families of Bulleen Heights will support this fundraising effort.

Future fundraising event will include a Mothers Day Stall, where students will be able to purchase a present for mum, Lunch Order Day, Fathers Day Stall and End of Year BBQ. Your assistance for any of these events is always welcome. If you would like to contact the Bulleen Heights Parents Association please feel free to contact Richard Wright at bhspfa@gmail.com.au if you are unable to catch up with him in person.

Principal’s Message

Welcome to all our readers. This is the eighth week of the term and the holidays are approaching quickly. The term has been busy settling students into their new classes and getting programs running smoothly, both classroom based and off-campus activities. Our first camp for next term has already been prepared.

The Student Support Group meetings enabled the classroom staff to meet and consult with parents in the development of student yearly goals. The student Individual Learning Plans (ILP’s) are due home at the end of next week. We are always available to discuss any goals in the ILP, if you have any concerns.

This week you will find information from members of staff in the newsletter. Please take some time to respond to the request from Mel Greaves and complete the survey developed by our e-Smart team. This will inform us about our needs as a community as we endeavour to develop a cyber-smart, safe and responsible community for our school and families. Our psychologist, leuan Williams has included the most recent information regarding The Definition of Autism and DSM-V diagnosis. I have also included recent information from DEECD regarding the management of asbestos in schools.

The AGM was held this week. I would like to thank our retiring School Council members, Cathy Hammond, Harry Baxter and Ray Werden. As parents they have made a significant contribution over a number of years supporting the governance of our school and ensuring that the vision and mission of the school remains focused and relevant, to meet the needs of our community. Thank you all for your commitment and dedication to the school.

The new School Council members for 2014 are as follows:

**Parent members**
- **President** - Kathy Havers
- **Vice-President** - Helen Kasztelan
- **Secretary** - Ann Zandegu
- **Nancy DeMuyck**
- **Adam Fforde**
- **Brooke Ostermeyer**
- **Susan Merjan**

**DEECD members**
- Susan Merjan
- Jan Coutts
- Paul Gledhill
- Victor Lim

Susan Merjan - Principal
DEPARTMENT OF EDUCATION AND EARLY CHILDHOOD DEVELOPMENT

As part of the Department of Education and Early Childhood Development's Health and Safety Management Plan, new labelling will be installed at our school. The labels remind people to contact school reception prior to undertaking any works at the school, to ensure they have up to date information from the school’s asbestos register. Asbestos which was used extensively in building materials in the past but is now banned, is considered safe unless damaged or in poor condition. The new labels form part of a comprehensive program to ensure Victorian government schools remain safe. Children’s safety is our number one priority. That is why we are taking this extra step as a precaution.

Dear Parents and Carers,

Digital technologies are increasing at a rapid rate and there are many new and exciting ways in which our students can use these to enhance their lives. Whether it be to increase their functional communication skills, engage them in learning or develop key 21st century skills. This year at Bulleen Heights School, we have a new eSmart team, focused on addressing key issues directly linked to digital technologies and online environments. As we work through the process of becoming an accredited eSmart school we aim to educate our staff students and broader community as a whole to be cyber smart, safe and responsible.

Staying safe and smart online has never been more important. More young people are accessing the internet and using social media than ever before. To help us learn more about the needs of our students when developing teaching and learning programs we ask that Parents and carers take some time to complete our survey monkey poll. It is a short ten question, anonymous survey designed to provide us with specific information about how much access to digital technologies and the internet students have at home, as well as what sort of content they are exposed to and using.

You can access the survey by using the link below or by contacting your campus office for a hard copy.

https://www.surveymonkey.com/s/CGM575T

For more information about cybersaftey or questions about the eSmart team please feel free to contact myself at greaves.mel.r@edumail.vic.gov.au or Susan Merjan

With Thanks in anticipation of your support

Mel Greaves & the eSmart Team

COMMUNITY SPORTS WEEK 2014

A range of sports for you to come and try at low or no cost as shown in our program of activities. Community Groups and Sports clubs across Knox, Maroondah and Yarra Ranges. Join in the fun and get to know a local club.

Register by March 31 2014.
To register now, please go to www.ioe.org.au and register electronically.
For more information please call Samantha at IOE 97585522 or email Samantha.marchesani@ioe.org.au
The Definition of Autism Has Changed

The Diagnostic Statistics Manual of Mental Disorders (known as the DSM) has recently published its fifth edition (DSM-5) and has updated how we define autism. The previous diagnostic definition of autism with which we are so familiar was characterised by a triad of symptom categories being, impaired social reciprocity, impaired language/communication and repetitive pattern of activities/interests. The DSM-V has reduced these three to two symptom categories, social communication deficits (which combine social problems and communication problems) and restricted/repetitive behaviours. You will notice that this change reduces the importance of an identified language disorder in defining autism; however the Program for Students with Disabilities will continue to require a language deficit greater than two standard deviations below the population mean in order to better focus funding support.

A further important change is that the diagnostic criterion of onset before thirty-six months has been removed.

**DSM-V diagnostic criteria for autism spectrum disorder**

Persistent deficits in social communication and social interaction across multiple contexts as manifested by the following, currently or by history:

- Deficits in social-emotional reciprocity
- Deficits in non-verbal communicative behaviours used for social interaction
- Deficits in developing, maintaining and understanding relationships

B Restricted repetitive patterns of behaviour, interests or activities as manifested by at least two of the following, currently or by history:

1. Stereotyped or repetitive motor movements, use of objects or speech
2. Insistence on sameness, inflexible adherence to routines or ritualized patterns of verbal or nonverbal behaviour
3. Highly restricted, fixated interests that are abnormal in intensity or focus

Hyperactivity or hyporeactivity to sensory input or unusual interest in sensory aspects of the environment

C Symptoms must be present in the early developmental period (but may not fully manifest until social demands exceed limited capacities, or may be masked by learned strategies in later life).

D Symptoms cause clinically significant impairment in social, occupational or other important areas of current functioning.

E These disturbances are not better explained by intellectual disability or global developmental delay.
Positive Behaviour Support Workshop

For Parents and Carers of Children and Young Adults with Autism Spectrum Disorder

Aspect Victoria is pleased to offer our highly successful, contemporary, evidence-based three (3) day Autism specific Positive Behaviour Support Workshop in the Eastern Region of Victoria.

More than 1200 families have participated in Aspect’s Positive Behaviour Support workshops across Australia. Post workshop evaluations showed an effectiveness of the workshops, with participants reporting decreases in challenging behaviours and increases in confidence and capacity to support their children and young adults.

**Where:** Bulleen & Templestowe Senior Citizens Centre
Cnr Manningham Road & Balmoral Avenue. Lower Templestowe. VIC. 3107

**When:**
2nd, 3rd & 4th April, 2014

**Time:**
9:30am–2:30pm (8:15am for Registration)

**Cost:** FREE (Tea, coffee & biscuits provided ~ participants to bring own lunch)

**Registration:** Register online at http://www.autismspectrum.org.au/content/events-and-workshops
You may search for this specific workshop location by entering the location Into the ‘Search Keyword’ field

---

**Eligibility to participate in this Workshop:**
- Parents or carers of children and young adults aged between 6 – 25 years, diagnosed with an Autism Spectrum Disorder (ASD)
- The individual with ASD must be living at home
- Participating families are encouraged to invite professionals or service providers working with them to attend the workshop

**Families participating in this workshop will:**
- Develop an understanding of autism and how an ASD impacts upon learning and behaviour
- Learn how to be proactive by creating an autism friendly environment at home
- Learn how to write an autism specific behaviour support plan for one of their child’s behaviours
- Learn how to write a plan to respond confidently when challenging behaviour occurs
- Learn how to teach new skills to promote their child’s independence and quality of life

**Enquiries:**
Contact Amber Day – Workshop Administrator or Heather Kirkhope - Service Coordinator
Phone: 03 9377 6600 or email: aday@autismspectrum.org.au

---

**What participants say about Aspect Positive Behaviour Support Workshops:**

"Brilliant information and concrete strategies to use, thank you. I have learnt very important self-reflection, being able to step back and really look at and examine behaviour, so valuable. I really value the focus on being positive and improving my child’s, my own and my family’s quality of life. Great workshop – I will highly recommend it to others."

"Fantastic presentation. Very interactive, affirming & capacity building. Ideas not just discussed but taught how to follow through on."

"Best information session on Autism I have been to. So much clarity about getting to the core behaviour, unpicking the onion. Enjoyed all the visuals. Thank you so much."
**Manningham Farmers Produce and Craft Market**

Our next market is Sunday 23 March - 8am to 1pm
Location is the Sports Bar car park at The Manningham, 1 Thompsons Road Bulleen.
Entry is also from Bulleen Road. Melway’s Ref. 32D10
You have the opportunity to talk directly to those that grow, bake or make the items for sale.
Stalls include fresh vegetables, fruit, meat, eggs, bread, cakes, olive oil, honey, jams, sauces, pasta, flowers etc. There is a covered area to relax with a cup of tea /coffee and enjoy an item from the Rotary BBQ or other food stalls.

We are expanding the market to include craft items. We welcome any new enquiries.

Why not come along and enjoy some time with us while at the same time supporting the work of Rotary in the Manningham area with your gold coin entry donation.

Thank you to all who have already attended over past months. Hope to see you again on Sunday.

Keith Anderson 0412 558 066
Rotary Club of Templestowe

---

**Work Education Centre Courses@NMIT 2014**

**Certificate 1 in Work education 22128VIC**
Foundation (General)
This course prepares you for a job. It involves hands on activities in different workplaces, work experience and career planning.

**Certificate 1 in Work Education 22128VIC**
Foundation (Ignition Theatre)
The hospitality stream provides people with the necessary skills to work within the Hospitality industry as a kitchen hand. It involves hands-on activities, work experience and career planning.

**Certificate 1 in Transition Education 22129VIC**
Foundation
This course focuses on you. It will help develop independence, decision making and self confidence as you explore and participate in volunteer work and further training work or community activities to enhance your full potential.

**Certificate 11 in Retail Banking Assistance FDF20510**
This course provides hands-on training that will prepare you for an excellent job in the Retail Bakery industry. Training in food safety and hygiene is a feature.

---

**Information Session Dates 2014**

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Time</th>
<th>Building</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday</td>
<td>27 March</td>
<td>3.00 – 4.00</td>
<td>NMIT, Preston Campus, Building W, Room W106</td>
</tr>
<tr>
<td>Wednesday</td>
<td>14 May</td>
<td>4.00 – 5.00</td>
<td>NMIT, Preston Campus, Building W, Room W106</td>
</tr>
<tr>
<td>Thursday</td>
<td>19 June</td>
<td>4.00 – 5.00</td>
<td>NMIT, Preston Campus, Building W, Room W106</td>
</tr>
<tr>
<td>Saturday</td>
<td>9 August</td>
<td>12.00 – 1.00</td>
<td>NMIT, Preston Campus, Building W, Room W106</td>
</tr>
<tr>
<td>Thursday</td>
<td>18 September</td>
<td>6.00 – 7.30</td>
<td>NMIT, Preston Campus, Room TBA</td>
</tr>
<tr>
<td>Tuesday</td>
<td>28 October</td>
<td>4.00m – 5.00</td>
<td>NMIT, Preston Campus, Building W, Room W109</td>
</tr>
</tbody>
</table>

---

**Ringwood Spiders Junior Development Squad Come and Try Clinic**

Sunday 23rd March, 11.00am –12.30pm
Greenwood Reserve, Greenwood Ave, Ringwood

Over the past few seasons, the Ringwood Spiders all ability sports club has offered this unique program that fills a void for boys and girls aged between approximately 5 to 14 who would like to play football. This group may have wanted to participate in an Auskick program, but due to their mild to medium intellectual disability, might not want or be able to.

Cost of the program for 2014 is $30.00 per person.
Each day the children go to Templestowe Valley Primary School (TVPS) they have the opportunity to go to the Canteen and buy a snack for morning tea before they go out to play with the rest of the school. The children look forward to choosing and asking for what they would like and handing over their money and waiting for change when necessary.

On Monday, P17 goes to TVPS where this term the children are learning about Mini Beasts. They will be investigating with their buddies, the different types of mini beasts they can find in the school grounds. There will be hands on activities as well as written work that will be glued into their Science journals.
On Thursday, P3 goes to TVPS where this term we do all of our lessons with Mrs. Marshall Year 1 class. We join in on all the activities on Recycling. The whole class are the buddies and the children take it in turn to help us. The class is big, but everyone is included in all the activities.

On Friday, P22 goes to TVPS where this term we are working in their Sustainability Garden. Each week the buddies tell us what needs to be done in the garden like- raking, weeding, planting seeds, watering and propagating plants. It is lots of fun watching the plants grow and being responsible for keeping the garden tidy and alive!!!! This garden is the integral part of TVPS Stephanie Alexander’s Gardening Program at TVPS.

Next term we hope that P2 (Preps) will be going to TVPS on Tuesdays.

Alison Milne - Inclusive Learning Coordinator.
# 2014 EASTER RAFFLE – DRAWN Wednesday 2\textsuperscript{nd} April

1\textsuperscript{st} prize: Mini iPad and Easter Hamper  
2\textsuperscript{nd} prize: Easter Hamper  
3\textsuperscript{rd} prize: Easter Hamper

Tickets @ $2 each or 12 for $20  
Complete your name on tickets below and return by Friday 28\textsuperscript{th} March 2014. Good luck to all!!

<table>
<thead>
<tr>
<th>Name:</th>
<th>Name:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Room:</td>
<td>Room:</td>
</tr>
<tr>
<td>Phone No:</td>
<td>Phone No:</td>
</tr>
</tbody>
</table>

All proceeds used to improve Bulleen Heights School

<table>
<thead>
<tr>
<th>Name:</th>
<th>Name:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Room:</td>
<td>Room:</td>
</tr>
<tr>
<td>Phone No:</td>
<td>Phone No:</td>
</tr>
</tbody>
</table>

All proceeds used to improve Bulleen Heights School

<table>
<thead>
<tr>
<th>Name:</th>
<th>Name:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Room:</td>
<td>Room:</td>
</tr>
<tr>
<td>Phone No:</td>
<td>Phone No:</td>
</tr>
</tbody>
</table>

All proceeds used to improve Bulleen Heights School

<table>
<thead>
<tr>
<th>Name:</th>
<th>Name:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Room:</td>
<td>Room:</td>
</tr>
<tr>
<td>Phone No:</td>
<td>Phone No:</td>
</tr>
</tbody>
</table>

All proceeds used to improve Bulleen Heights School

<table>
<thead>
<tr>
<th>Name:</th>
<th>Name:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Room:</td>
<td>Room:</td>
</tr>
<tr>
<td>Phone No:</td>
<td>Phone No:</td>
</tr>
</tbody>
</table>

All proceeds used to improve Bulleen Heights School

<table>
<thead>
<tr>
<th>Name:</th>
<th>Name:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Room:</td>
<td>Room:</td>
</tr>
<tr>
<td>Phone No:</td>
<td>Phone No:</td>
</tr>
</tbody>
</table>

All proceeds used to improve Bulleen Heights School

<table>
<thead>
<tr>
<th>Name:</th>
<th>Name:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Room:</td>
<td>Room:</td>
</tr>
<tr>
<td>Phone No:</td>
<td>Phone No:</td>
</tr>
</tbody>
</table>

All proceeds used to improve Bulleen Heights School

<table>
<thead>
<tr>
<th>Name:</th>
<th>Name:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Room:</td>
<td>Room:</td>
</tr>
<tr>
<td>Phone No:</td>
<td>Phone No:</td>
</tr>
</tbody>
</table>

All proceeds used to improve Bulleen Heights School